

PROFIL KELOMPOK RISET

KEPERAWATAN KOMUNITAS, KELUARGA, DAN GERONTIK



FAKULTAS KEPERAWATAN
UNIVERSITAS AIRLANGGA
2019

KELOMPOK RISET KEPERAWATAN KOMUNITAS, KELUARGA, DAN GERONTIK

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VISI DAN MISI

◆ VISI

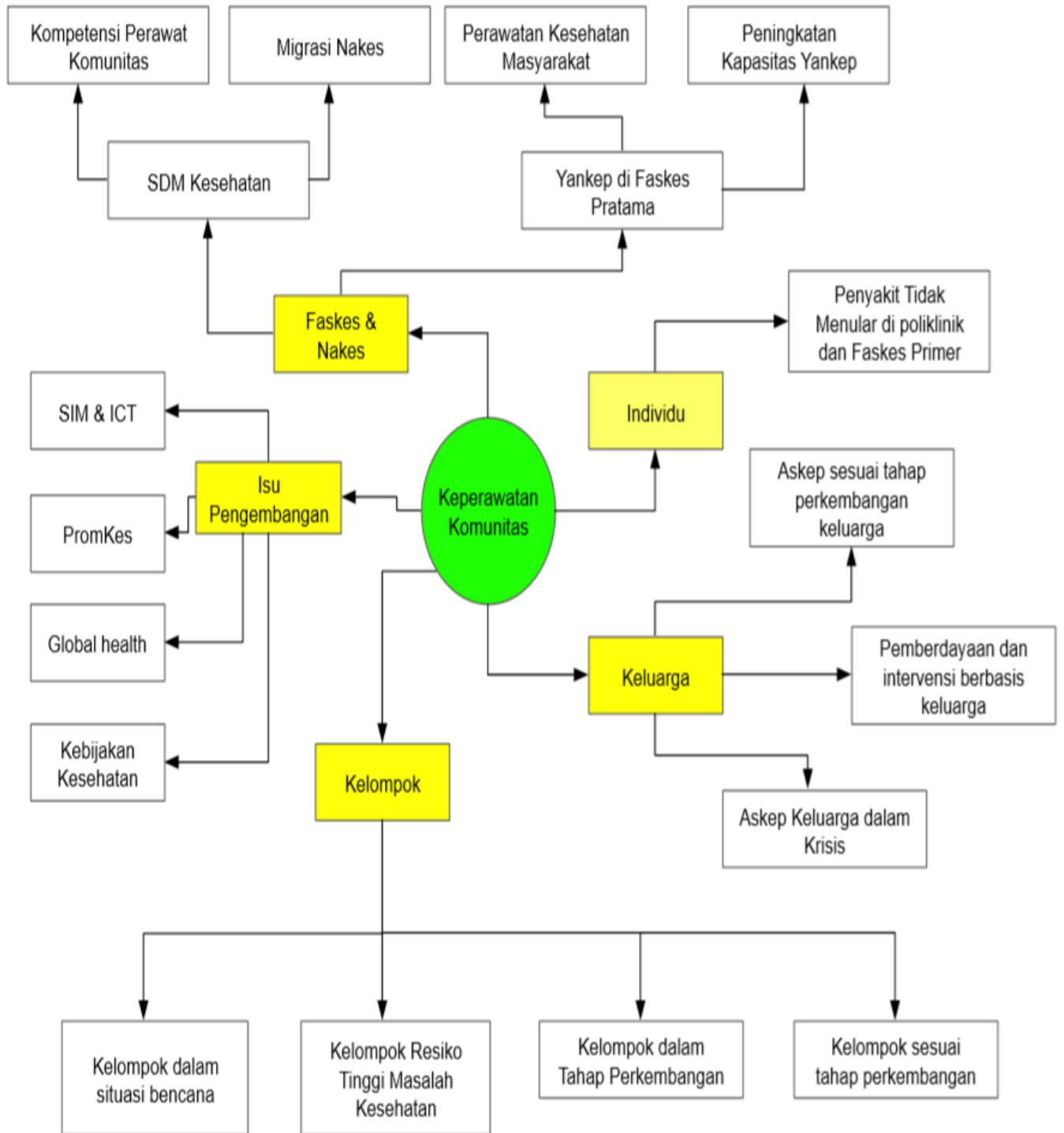
Menjadi kelompok riset berkelas dunia dalam penelitian, pengembangan dan pemanfaatan ilmu keperawatan komunitas, keluarga dan gerontik untuk meningkatkan daya saing perawat berlandaskan nilai kebangsaan, etik dan moral agama.

◆ MISI

1. Peningkatan temuan, terobosan dan pembaharuan ilmu keperawatan komunitas, keluarga dan gerontik serta pemanfaatannya di setiap bidang.
2. Peningkatan nilai tambah dan kebaruan hasil riset yang bermanfaat bagi masyarakat.
3. Peningkatan posisi dan citra perawat komunitas, keluarga dan gerontik dalam pembangunan kesehatan.
4. Peningkatan hilirisasi hasil riset guna mewujudkan masyarakat Indonesia yang sehat dan berkualitas

ROADMAP PENELITIAN

KEPERAWATAN KOMUNITAS DAN KELUARGA



a. Individu

Individu merupakan bagian dari keluarga sebagai kesatuan utuh dari aspek biologi, psikologi, sosial dan spiritual. Penelitian pada sasaran individu dalam keperawatan komunitas berfokus pada penyakit tidak menular di poliklinik dan fasilitas kesehatan primer.

b. Keluarga

Keluarga merupakan sekelompok individu yang berhubungan erat secara terus menerus dan terjadi interaksi satu sama lain secara perorangan maupun secara bersama-sama. Penelitian pada sasaran keluarga dalam keperawatan komunitas berfokus pada tiga tema, yaitu: aspek keluarga sesuai tahap perkembangan, aspek keluarga dalam krisis, serta pemberdayaan dan intervensi berbasis keluarga.

c. Kelompok

Penelitian pada sasaran kelompok dalam keperawatan komunitas difokuskan pada agregat. Kajian pada agregat dapat dilakukan pada empat tema utama, yaitu: kelompok dalam situasi bencana, kelompok resiko tinggi masalah kesehatan, kelompok dalam tahap perkembangan, dan kelompok sesuai tahap perkembangan.

d. Isu pengembangan

Penelitian pada topik isu pengembangan merupakan bagian dari respon perawat terhadap tren dan isu dalam keperawatan. Kajian pada topik tersebut terbagi menjadi empat sub topik, yaitu: SIM dan ICT, promosi kesehatan, kebijakan kesehatan, dan *global health*.

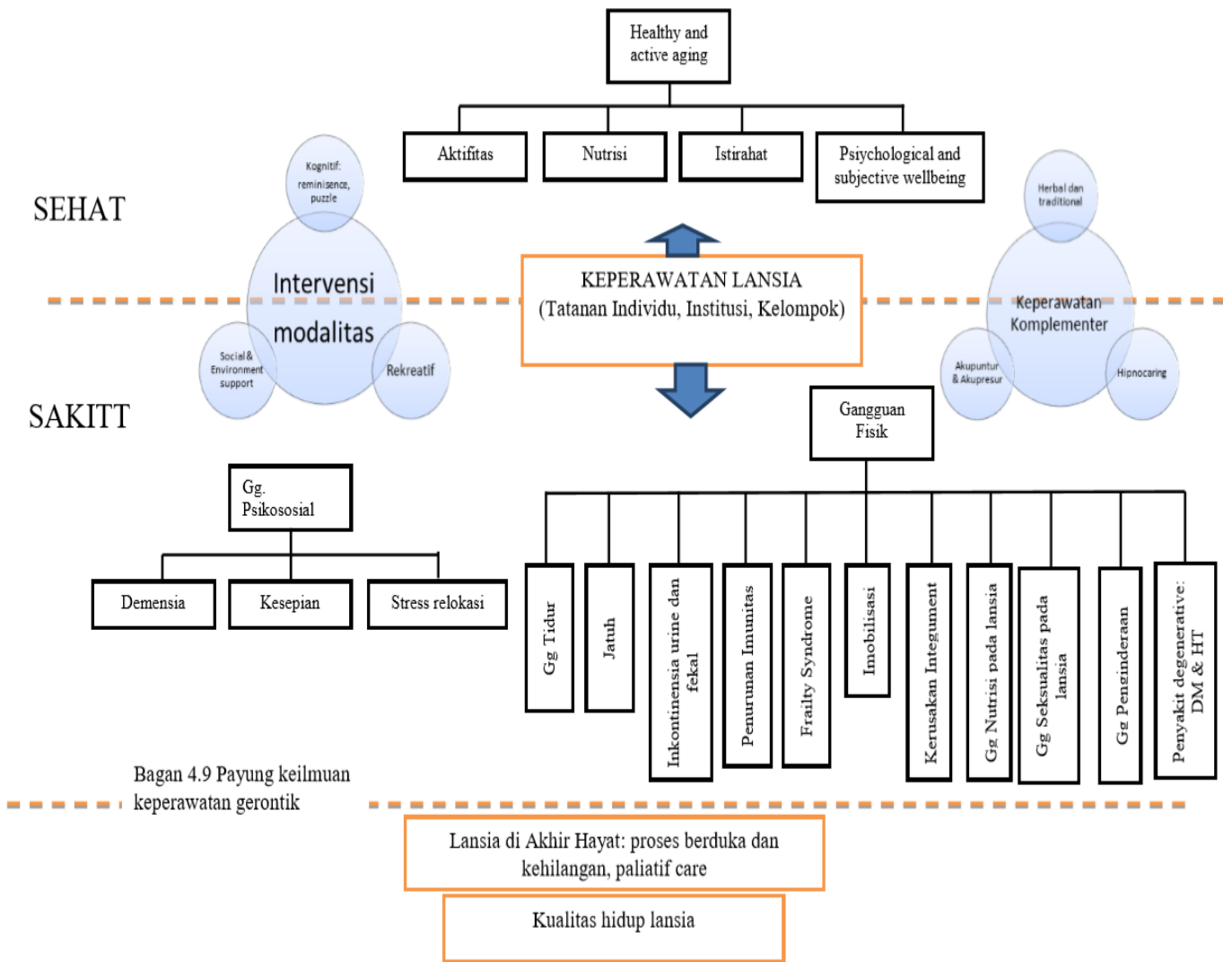
e. Fasilitas kesehatan dan tenaga kesehatan

Fasilitas kesehatan dan tenaga kesehatan merupakan elemen yang penting dalam pencapaian derajat kesehatan masyarakat. Oleh karena itu, penelitian pada elemen tersebut penting dilakukan. Penelitian keperawatan komunitas pada sasaran faskes dan nakes difokuskan pada dua hal, yaitu: Sumber Daya Manusia (SDM) Kesehatan dan pelayanan keperawatan di fasilitas kesehatan primer.

Bidang garap penelitian pada kelompok keilmuan keperawatan komunitas dan keluarga

| NO | TOPIK | SUB TOPIK | OUTPUT | WAKTU |
|----|------------------|--|---|--------------------------------------|
| 1 | Individu | Penyakit tidak menular di poliklinik faskes primer. | 1. Model 2. Modul 3. ISBN 4. HKI | 2019 2019 2019 2020 2020 |
| 2 | Keluarga | 1. Askep sesuai tahap perkembangan keluarga. 2. Pemberdayaan dan intervensi berbasis keluarga. 3. Askep keluarga dalam krisis. | 1. Modul 2. Publikasi 3. ISBN 4. HKI 5. Model | 2019 2019 2019 2020 2020 |
| 3 | Kelompok | Agregat 1. Kelompok khusus bencana. 2. Kelompok dengan penyakit menular. 3. Kelompok sesuai tahap perkembangan. 4. Kelompok resiko tinggi masalah kesehatan. | 1. Publikasi 2. Modul 3. Model 4. HKI 5. ISBN | 2019 2020 2020 2021 2020 |
| 4 | Isu pengembangan | 1. SIM dan ICT 2. Promkes 3. Kebijakan kesehatan 4. <i>Global health</i> | 1. Teknologi informasi dalam askep keluarga dan komunitas. 2. Modul 3. Publikasi 4. HKI 5. ISBN | 2019 2019 2019 2020 2020 |
| 5 | Faskes dan Nakes | 1. SDM kesehatan a. kompetensi perawat komunitas. b. Migrasi perawat global. 2. Yankep di faskes primer: a. Perkesmas b. Peningkatan kapasitas yankep. | 1. Publikasi 2. Model 3. Rekomendasi kebijakan. | 2019 2020 2020 |

ROADMAP PENELITIAN KEPERAWATAN GERONTIK



Pengembangan penelitian Keperawatan Gerontik diarahkan pada rentang respon sehat sakit pada lansia dalam 3 tatanan keperawatan keluarga individu, kelompok dan Institusi yang meliputi *healthy and active aging*, keperawatan komplementer, intervensi modalitas, gangguan psikososial, gangguan fisik dan perawatan akhir hayat pada lansia.

a. *Healthy and active aging*

Proses penuaan sehat yang meliputi upaya dalam mengoptimalkan semua peluang meliputi aktifitas, nutrisi, istirahat yang dilakukan lansia untuk mengambil bagian aktif dalam masyarakat, meningkatkan *psychological* dan *subjective well-being* dan menikmati kebebasan dan kualitas hidup yang baik

b. Keperawatan komplementer

Penggunaan terapi tradisional ke dalam intervensi keperawatan. Kepada klien yang actual atau risiko mengalami gangguan kesehatan maupun potensial peningkatan kesehatan ditinjau dari aspek bio-psiko-sosio-spiritual pada lansia.

c. Intervensi Modalitas

Intervensi yang dilakukan yang bertujuan untuk mengisi waktu luang, meningkatkan kesehatan lansia, meningkatkan produktivitas lansia dan meningkatkan interaksi social pada lansia. Intervensi diterapkan secara individu maupun berkelompok.

d. Gangguan psikososial

Perubahan afektif, perilaku, kognitif pada lansia yang berdampak pada kondisi social lansia

e. Gangguan fisik

Perubahan fisik yang terjadi pada lansia yang menimbulkan masalah kesehatan meliputi: gg. Tidur, jatuh, inkontinensia urine dan fekal, frailty syndrome, immobilisasi, kerusakan integument, gg. Nutrisi pada lansia, gg penginderaan, gg seksualitas, dan penyakit degenerative.

f. Akhir hayat

Akhir hidup adalah bagian dari kehidupan yang merupakan proses menuju akhir atau kematian. Akhir kehidupan dapat dianggap sebagai periode sebelum kematian alami seseorang dari proses yang tidak mungkin ditangkap oleh perawatan medis. Akhir hidup memiliki 2 perspektif yang berpusat pada penyakit dan waktu. Perspektif penyakit meliputi periode kemunduran yang tidak dapat dipulihkan sebelum kematian. Perspektif waktu meliputi kriteria penerimaan rumah perawatan selama kurang dari enam bulan.

Bidang garap penelitian pada kelompok keilmuan keperawatan komunitas dan keluarga

| NO | TOPIK | SUB TOPIK | OUTPUT | WAKTU |
|----|--|--|---|----------------------|
| 1. | Healty and active aging: aktifitas | Efek pengasuhan cucu pada lansia (stress, psikological well being, kesehatan dan kualitas hidup) | 1. Instrumen deteksi stress grandparent 2. Publikasi 3. Modul | 2020 2021 2022 |
| | | Determinan Kebugaran pada lansia | Publikasi | 2019 |
| | | Upaya promotif untuk meningkatkan Kebugaran pada lansia | Publikasi | 2020 |
| 2. | Healty and active aging: nutrisi | Determinant resiko malnutrisi pada lansia | Publikasi | 2020 |
| | | Suvey nutrisi unuk lansia | Publikasi | 2021 |
| | | Pemngembangan jenis nutrisi ramah lansia | 1. Publikasi 2. Paten | 2022 2023 |
| 3. | Gangguan psikologis pada lansia di Panti | Stress relokasi pada lansia | 1. Instrumen deteksi stress relokasi lansia 2. Publikasi | 2019 2020 |
| | | Peer support untuk menurunkan stress relokasi | 1. Publikasi 2. Modul | 2021 2022 |
| | | Pengembangan model aspek stress relokasi lansia di panti | Publikasi | 2023 |
| 4 | Perawatan akhir hidup pada lansia | Ekplorasi Pengetahuan, Sikap dan Praktik dalam Perawatan Akhir Hayat Lansia diantara Perawat di RS dan Panti | Publikasi | 2019 |
| | | Model aspek akhir hayat pada lansia di Panti | 1. Modul 2. Model | 2020 2021 |
| 5 | Intervensi modalitas: Kognitif | Demensia prevention: TTS lansia | 1. Publikasi 2. Modul | 2022 |
| 6 | Keperawatan komplementer | Keperawatan komplementer pada lansia dengan hipertensi | 1. Publikasi 2. Paten | 2019 2020 |

REKAM JEJAK PENELITI



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Google Scholar ID: [hIGDgzUAAAAJ&hl](https://scholar.google.com/citations?hl=id&user=ferry-e)

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